

Restoring the Sacred: Shamanic Practices for Life, Service, and Sovereignty with

Karl Schlotterbeck

Tuesdays – July 14, 28

7–9 PM

Suggested donation is \$15 per session, but in recognition of stresses of the times and differing situations, participants are invited to donate according to their means.

Join us for a year-long shamanic quest to restore the sacred. We will use practices from Celtic and Mongolian Shamanism to explore who we are, why we are here, and our place in the world, along with fostering healthy relationships with the land, our spirit allies, and each other. We will travel the Celtic Wheel of the Year as we dive into the layers of meanings of the five directions, the elements, and how they relate to the realization of Soul. We hope for participants to recognize their unique gifts and to develop their own way to make whole their relationships with themselves and with the visible and invisible worlds.

On July 14 and 28, we will begin in the Center of the Wheel. We will:

- Adapt the Grail Questions to seek the meaning of our lives
- Honor the line of people and allies who have nurtured us
- Distinguish the proper roles of self, ego, and soul
- Explore the Wisdom of the Heart, Voice of the Soul

We will have introductions to the following topics that will be fleshed out over the year:

- Healing Wounds of the Soul
- Cauldrons of Soul
- Lost Child, Magical Child
- Our Spirit Family
- Power of Light, Power of Dark
- Shamanic Practices in Druidic Lore

The series will be presented online on the second and fourth Tuesdays of the month from 7:00 to 9:00 pm. Each session will be recorded for those who cannot make the live events. Registration should be sent to Ann at ann.mongeau@unitynorthmn.org by Wednesday, July 8. Access links and instructions to prepare for each session will be sent to those who register by the 8th. We will try to get materials to those who register late as best we can.

This course represents the harvest of many threads of Karl's explorations, including studies of Celtic Spirituality, Druidism, depth psychology and comparative religion, and what he's learned over the last 35 years from people like Michael Harner, Sandra Ingerman, Sami shaman Ailo Gaup, the Mongolian shamanism of Sarangeral and, most extensively, Celtic shaman Tom Cowan. He's been a school psychologist (1973-2014), licensed psychologist (1991-2018); teacher of Druids; author of three books on reincarnation, karma and past-life therapy, and a just-published book titled *Shadows in the Light of God*. He's a musician, grandfather, beekeeper, and yeast herder.