

**Restoring the Sacred:  
The New Year: Knowing and Healing  
with Karl Schlotterbeck  
Tuesdays, February 9 and 23, 2021  
7:00 to 9:00 PM online**

Suggested donation is \$15 per session, but in recognition of stresses of the times and differing situations, participants are invited to donate according to their means.

**This seminar is open to those who have a good working relationship with their Shamanic spirit helpers.**

In February, we will explore more methods of shamanic healing of self and others, as well as healing spaces that have imprints of trauma.

We will continue our exploration of the Cauldrons of Soul, going deeper into the Cauldron of Knowing—our connection to the Divine and receptor of inspiration.

And, we will honor the Celtic festival of Imbolc – the first stirrings of the coming summer and returning light.

If not already registered for the series, registration should be sent to Ann at [ann.mongeau@unitynorthmn.org](mailto:ann.mongeau@unitynorthmn.org) by **Wednesday, February 3**. Access links and instructions to prepare for each session will be sent to those who register by the 3<sup>rd</sup>. We will try to get materials to those who register late as best we can. Links to the video recording of the session will be sent a few days after the session.

This course represents the harvest of many threads of Karl's explorations, including studies of Celtic Spirituality, Druidism, depth psychology and comparative religion, and what he's learned over the last 35 years from people like Michael Harner, Sandra Ingerman, Sami shaman Ailo Gaup, the Mongolian shamanism of Sarangeral and, most extensively, Celtic shaman Tom Cowan. He's been a school psychologist (1973-2014), licensed psychologist (1991-2018); teacher of Druids; author of three books on reincarnation, karma and past-life therapy, and a just-published book titled *Shadows in the Light of God*. He's a musician, grandfather, beekeeper, and yeast herder.