

# *Restoring the Sacred:*

Ancestors of Blood, of Milk, Spirit and Land  
with Karl Schlotterbeck

**Tuesdays, November 10 & 24 • 7-9 PM online**

Suggested donation is \$15 per session but, in recognition of stresses of the times and differing situations, participants are invited to donate according to their means.

*The power of all our ancestors stands behind us;  
the fruits of our heart lie before us.*

In November, the season cools and darkens. The harvest is in. In Irish tradition, this is the month of Samhain, the beginning of winter, and the veil between the worlds is thin. This is a good time to explore the forces that brought us to where we are—our ancestors of blood, of milk, spirit, and land. Each has given us gifts, questions, and unfinished business. We will honor them with an awareness that we must also go beyond them. This is not therapeutic work, but spiritual. We will also go deeper into the Cauldrons of Soul.



If not already registered, registration should be sent to Ann at [ann.mongeau@unitynorthmn.org](mailto:ann.mongeau@unitynorthmn.org) by **Wednesday, November 4**. Access links and instructions to prepare for each session will be sent to those who register by the 7th. We will try to get materials to those who register late as best we can. Links to the video recording of the session will be sent a few days after the session.

This course represents the harvest of many threads of Karl's explorations, including studies of Celtic Spirituality, Druidism, depth psychology and comparative religion, and what he's learned over the last 35 years from people like Michael Harner, Sandra Ingerman, Sami shaman Ailo Gaup, the Mongolian shamanism of Sarangeral and, most extensively, Celtic shaman Tom Cowan. He's been a school psychologist (1973-2014), licensed psychologist (1991-2018); teacher of Druids; author of three books on reincarnation, karma and past-life therapy, and a just-published book titled Shadows in the Light of God. He's a musician, grandfather, beekeeper, and yeast herder.

  
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