|  |
| --- |
| Mexican Salad From Epicurean.com via Wendy Erickson  Serves 6 INGREDIENTS 1–15oz can black beans, rinsed and drained 1-15oz can garbanzo beans, drained  1–15oz can light red kidney beans, rinsed and drained 2 cups frozen corn kernels  ½ onion, finely diced 1 Tbsp chopped fresh cilantro  1-2 jalapeno peppers, seeded and minced (optional) 1 red bell pepper, diced  ¼ cup olive oil 3 Tbsp fresh lime juice 1 tsp ground black pepper  salt to taste ½ tsp honey 1 bag tortilla chips DIRECTIONS  1. In a large bowl, combine all vegetables and beans. 2. Add the olive oil, lime juice, pepper, salt and honey to a small jar. Shake to mix. 3. Pour the dressing over the beans and vegetables, and then mix well. 4. Refrigerate to allow flavors to blend.   Serve with tortilla chips |
|  |
|  |

