

## **Racism & White Fragility with Rev. Kathy McCall**

**Wednesdays, January 27–March 3 (6 weeks) online  
6:30 PM–8:00 PM CST (4:30 PM–6:00 PM PST)**

**Love Offering**

**Suggested book: *White Fragility: Why It's So Hard for White People to Talk About Racism* by Robin DiAngelo**

**This class is open to all. The book is important, but if you cannot purchase it, you can still attend class, follow along, and find meaning. If you can obtain the book, please read Chapters 1 and 2 prior to the first class.**

The focus of the book is on “white fragility,” defined by Author Robin DiAngelo as “*the defensive moves that white people make when challenged racially; it is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence.*” She goes on to say, “*These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue.*”

This class and the suggested book will explore “*how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.*”

Each of us has a part to play in healing racial divisions. Let us come together to explore this topic in meaningful ways!

Rev. Kathy McCall has been a lifelong spiritual seeker. She has served six different churches as a Unity minister and is currently serving the Unity North Spiritual Center in Coon Rapids, Minnesota. An astrologer, dream worker and storyteller, she has taught and facilitated workshops for over 35 years. She is the author of the book *The Unorthodox Life: Walking Your Own Path to the Divine*.