

Life Hacks from the Gospels

with Carol Kniskern

**Two Wednesday Evenings • June 17 and 24, 2026
7:00 pm – 9:00 pm • In-Person at Unity North**

Unity's teaching has always been to glean wisdom and direction for our lives from many different sources. Some of the wisest and best advice we get comes from the life and teachings of Jesus—not when we are told what they mean, but when we interrogate the stories ourselves. We will take Gospel stories (from John and Luke) and ask them: How do I individually, and we collectively, use this to grow and thrive in especially difficult times?

Register Here: [go.UnityNorthMN.org/ LifeHacksFromTheGospel](https://go.UnityNorthMN.org/LifeHacksFromTheGospel)



Carol Kniskern was the founding pastor of Unity North Spiritual Center. She had a special interest in the teachings of Jesus/Yeshua. Alert to social and political trends, she has watched shifts of focus in some areas of mainstream Christianity since she entered the ministry in 1990. She retired from Unity North in 2018 but still responds to occasional healing requests. Since her retirement, she tends to her chickens, gardens, and art projects.

Community support for your spiritual path.

The logo for Unity North Spiritual Center. It features a stylized globe icon above the word "unity" in a bold, lowercase sans-serif font. Below "unity" are the words "North" and "Spiritual Center" in a smaller, lowercase sans-serif font.