

Foundations of Shamanic Practice

with Karl Schlotterbeck

Sunday, January 27, 2019 • 2:00–5:00 PM

Suggested donation is \$30, but participants are free to pay what they are able.

Please register by January 21 so that preliminary material can be sent to you via email. Thanks.

This class fulfills the prerequisite for taking further shamanic classes with Karl Schlotterbeck.

Humankind has used shamanic practices for tens of thousands of years to engage with the natural and spiritual worlds for empowerment, for healing and for accessing information not available to the senses. Although we no longer live in a shamanic society, shamanic practices remain valuable in our relationship with the invisible and visible worlds, with the earth and with each other.



This seminar explores the foundations of shamanic practice, including:

- Our relationship with the Otherworld and its spirit allies and teachers
- The five directions and our place within time and space
- Empowerment and responsibilities of shamanic practice
- The shamanic journey and its alternatives
- Basic shamanic tools
- Accessing information from Otherworldly sources (divination)

Feel free to bring the following items: a fist-sized or smaller stone, drums and/or rattles, blanket and writing materials. This is open to newcomers and experienced practitioners.

Since 1986, Karl Schlotterbeck has had the benefit of the teachings of Michael Harner and other presenters of the Foundation for Shamanic Studies, Sandra Ingerman (Soul Retrieval), Ailo Gaup (Shamanism of the European North), Connie Grauds (Amazonian Shamanism), Sarangerel (Mongolian Shamanism) and, most extensively, Tom Cowan (Celtic Shamanism). He wrote the feature article for the July publication of the Society for Shamanic Practice. He's been a school psychologist (1973 to 2014) and licensed psychologist (1991 to 2018); author of three books on past-life therapy and karma; teacher of Druids; and musician, grandfather, yeast herder and beekeeper.

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