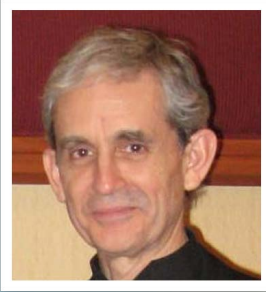


# *More Love, Joy and Peace through Grief*

With John Ice

**Sunday, February 17, 2019**

2-5 PM • Love offering



Healing is sometimes required to move forward into more LIFE! We are gathering in loving support with the members of our community whose lives are changing.

*In the fast flow of life today, with so much change happening everywhere, consider this:*

- *Some of us avoid grief for various reasons, perhaps because we have not witnessed healthy supported grieving.*
- *Unexpressed emotion can be held/stored in our bodies and interfere with our ability to be all that we can be here and now.*
- *Have you found your support to express your feelings in your letting-go process so you can move forward, or is something holding you where you are and interfering with your access to the joy of present-day life?*
- *Grief is a normal part of leaving behind the old life to move to know greater Joy, Love and Peace now.*

This is my invitation to you. Come join with us, in the safety and support of our community, to explore this great healer.

Blessings, John



*Community support for your spiritual path*

